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TOPIC: IF I COULD INVENT SOMETHING NEW

To invent means to create or design something that has not existed or been created. In other words, to invent means to devise by thinking. Some synonyms of invent are: construct, cook up, drum up, fabricate, manufacture, devise, etc.

People that invent are called inventors. An inventor is a person who invented or invents a particular process or device, or who invents things as an occupation. Some inventors and their inventions are Johannes Gutenberg, who invented the printing machine in 1450; William Lee, who invented the knitting machine in 1589; and Seymour Cray, who invented the supercomputer in 1964.

People can have headaches, shortness of breath, nosebleeds, heart attacks, or strokes, which are hardening and thickening of the arteries due to high blood pressure, heart failure, kidney problems, etc., without knowing it in time. So, if I could invent something new, I would invent a drug that cures high blood pressure. High blood pressure, also called hypertension, is a condition in which the force of blood against the artery walls is too high. Usually, hypertension is defined as blood pressure above 140/90, and it is considered severe if the pressure is above 180/120. High blood pressure (HBP), if untreated, can cause health conditions such as heart failure and stroke.

It is said that hypertension has no cure but has drugs to manage it. High blood pressure can also be detected in both adults, teenagers, and toddlers. Some causes of hypertension are: too much salt in the diet; drinking too much alcohol; and lots more. To this end, it is advisable that people feed on recommended meals by dieticians. Malnutrition can also lead to hypertension in that essential nutrients the body may need to function optimally, when not provided, make the occurrence of this dreadful ailment possible.

Producing a drug that can cure hypertension completely will be very advantageous because it will keep the heart from being overworked, thereby preventing one from having heart failure, kidney failure, heart attack, stroke, or death. Not forgetting the management drugs are very expensive considering the high inflation rate in the country; consequently, this makes life so difficult for people living with the ailment (hypertension). hence the reason to invent a permanent drug or treatment for high pressure.

I strongly believe that there is a cure somewhere, and I am optimistic that I will someday discover the cure. It will be a dream come true.

In conclusion, if I could invent something new, it would be a drug that would cure hypertension. This invention will be of tremendous health benefit to millions of people in the world who die every day from this ailment.