Name: Ngwoke Chioma Esther

School: Loyola Jesuit College, Abuja.

Class: JSS3

IF I COULD INVENT SOMETHING NEW

Considering the topic, you probably assumed that I would invent a flying car, a time machine, or a device that could cook various types of food at the touch of a button. However, while I was contemplating this topic, I came up with a much more realistic idea: as humans, we should prioritize three things above all else: relationships, health, and purpose. I would like my invention to assist with health. Every year, millions of individuals pass away from health problems. If I could create anything new, it will be a cure to Cardiovascular disease or heart disease. It is any illness that affects the heart and blood vessels. Heart disease comes in multiple types, and each one has a unique effect on the heart and blood arteries. Coronary Artery Disease is a prevalent heart disease characterized by symptoms such as chest pain, breathing difficulties, fatigue, and edema. Let me now to discuss how this terrible illness has impacted society worldwide.

According to a recent World Heart Foundation research, the number of people dying from cardiovascular disease has increased by 60% worldwide over the past thirty years, from 12.1 million in 1990 to 20.5 million in 2021. The World Health Organization estimates that cardiovascular diseases (CVDs) account for 17.9 million deaths worldwide annually. Many symptoms can be relieved by medications, treatments, and lifestyle modifications, but the condition cannot be cured or reversed. However, I would like to share my creation and hope that it will change that.

I am passionate about advancing medical technology, particularly for cardiologists, I believe developing a difficult, demanding remedy could save millions of lives, despite the challenging nature of the task. I would create a remedy that is unlike any regular medicine. It would resemble a tiny heart-shaped capsule. I want it tiny to represent the changes that small things bring about in our lives—small but mighty, as they say. The capsule would be packaged in a tiny box fashioned like a heart. The medicine's name, Cor, is the latin name for the heart, and the words "Love" will be printed at the bottom of the box. Cor will be taken once a day for children (5–10) and twice daily for adults, following a meal. To ensure that no one is left out, I would make one in the form of syrup for younger kids. In addition to curing heart disease, Cor is designed to remove all hazards from the heart and enhance its functionality, which may even be able to treat cardiac sarcoma, cancer of the heart. Cor would be a purification for the hear, cleansing it from all impurities or dangers.

To conclude, a treatment for cardiovascular disease would change the healthcare industry, save millions of lives each year, and reduce the financial burden of treating the condition. Even though it might only be a fantasy, I want to create this once I become older.