

IF I COULD INVENT SOMETHING

If I was given the opportunity to invent something, it would be something that will be of all benefit to the society environment and to the country as a whole. It would help all the poor aspect of Nigerians and other countries in the transportation, the in the distribution side and also in the production and aid more factors of production, either agricultural or business wise. It will also help the education sector and health sector.

If I were to invent something new it will be a smart watch that detect diseases would change the healthcare sector and improve the lives of countless individual by continuously monitoring vital sign and analysing data this device could detect early sign of different diseases such as Cancer, Cholera, HIV/AIDS, Tuberculosis, diarrhoea etc. For example water could analyse changes in heart rate, pattern that undertake potential rate problems. It could also monitor blood glucose level to detect any signs of diabetes or fluctuation that could lead to complications.

Additional it could use machine learning algorithms to realise patterns in sleep cycle, activity levels or other health data to identify indicators of condition like sleep apnea or mental health problems. The watch could provide awareness and suggest for medical invention or to show that there is a disease so to know about the disease and how to go about curing it. This early detection, interaction or awareness could potentially prevent long term complications, reduce the hospital visitation and could save the life of the owner or the wearer.

Moreover the ability to continuous monitor health conditions would provide a wealth of data to health care professional enabling them to make or accept diagnoses and treatment plans. This data could be securely shared with doctors allowing for remotes monitoring and reducing the mid for frequent doctor visit. However it is important to note that such a smart watch would be needed to thoroughly validated and regulated to ensure its accuracy and reliability. The sensitivity speciality of the detection angor must be extensively tested to avoid false positive or negative which could lead to unnecessary anxiety or delay treatment.

Further health furthers such as sleep patterns monitoring heart rate, monitoring and medication tracking approving to be useful for providing insight into the health and the wellness of the user. The use of smart watch has been found to be infective in diagnosing your health data.

Question most of us were asked is the smart watch a medical device the answer is no your smart watch is not a medical device but it can be used in tracking down all health data.

In conclusion a smart watch that can detect disease would be a life changer in health care. It would save people time and money providing early detection and interaction for various condition and improve overall health outcome by giving individuals more controls over their health and enabling proactive health care, this innovation would truly transform the way we approach disease prevention and management.

Silas Tobiloba