

## **IF I COULD INVENT SOMETHING NEW**

If I could invent an asthma drug, I will be very happy. In this modernised century of ours, there are many technologies, drugs and solutions to problems, yet many sicknesses and diseases they are incurable, such as asthma. Allergen, pollutants, smoking, stress and much food additives, infection, cold air, are causes of Asthma.

Asthmatic patients have one substance they inhale as oxygen which is also called the inhaler. Yes, I believe I can invent, and I wish to invent a drug for asthma because this disease is a long-term disease that affects the lungs.

Through my research, I found out that people take haemoglobin that transfer blood from the respiratory organ to the circulatory organs, and the blood that the haemoglobin transfer is called red blood cells. These red blood cells pass through the lungs and bring oxygen to the body. But when the lungs are affected, the haemoglobin cannot transfer the red blood cells or oxygen from the respiratory to the circulatory system properly. That's why asthmatic patients can't breathe when there is air pollution.

Yes, I can make a drug or any substance to solve the problem. Firstly, I will make a drug that comprises oxygen, bronchodilator, corticosteroids and vitamin B12. I will also build a hospital that specialises in the study and cure asthma and employ doctors that are specialised asthma.

The asthmatic patient may be weak because of the lack of oxygen through red blood cells. Therefore, I will make acetaminophen and phenybutazone for the production of my drug for the cure of asthma. I will call the drug 'Cortibrone'. I will ensure my drug is affordable. This will enable people to purchase it to get healing throughout the world. Cortibrone will be very cheap in Nigeria and the world.

Apart from the administration of Cortibrone for curative purposes, we will also embark on activities to curtail the incidence of becoming asthmatic, starting in Nigeria. Lack of genetic counselling can lead to the transfer of asthma from parent to children, so my hospital will give genetic counselling to parents. We will also persuade them to start using Cortibrone to prevent their children from contracting asthma and using an inhaler. And after the regular use of the drug, in three months, the sickness will disappear.

Through the orientation and sensitisation that my hospital will embark upon, there will be a reduction in air pollution and pollutants which cause asthma. We will also advocate a reduction in the use of food additives.

Public sensitization will also be done as touching the disadvantages of smoking and taking of hard drugs affecting the health of the lungs.

Furthermore, we will encourage people go for regular checkups because of infections that can cause asthma, discourage people from taking self-medication and educate them to better manage or reduce stress, engage in healthy physical activities and avoid exposure to cold air.

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