**IGBINOVIA CASEY**

**DEEPER LIFE HIGH SCHOOL**

**B8 DIAMOND**

**BOOK HEADREST**

**IF I COULD INVENT SOMETHING NEW**

Inventions are changes that have not been seen before or the act of inventing something new.

I imagine myself to put myself in an inventor’s shoes. I intend to make my invention something mind-blowing and world changing; to correct the absence of its effect that affects the economy at large negatively. Generally, new invention ideas make minor activities we do that could cause severe problems to our body system to be reduced for both young and old.

My invention will be the creation of an object that can help people especially old people to prevent damage or straining of the backbone or spine of the body. The spine or backbone is a row of small bones that are connected together down the middle of the back. The invention will be an object made out of plastic and of different colors for people who read a lot for long periods. Normally, people bend their heads to read which can reduce focus and affect the effectiveness of the spine. Straining the backbone forward when reading can weaken the backbone, disfiguring it in shape and pains will retard the reader from sitting up or the person has to slowly sit back up.

This invention can be made to be used in diverse places such as on a table, bed surface, or rough surface. If made, it can aid focus and concentration when reading and reduce the rate of strained spines. The invention can be named a “**reading stool**” or “**book head rest**”. It will rather be different from a book stand used by the orchestra when playing various instruments, or the one attached to the keyboard. This time it would be made smaller, adjustable, and upright to place all types or kinds of books.

I hope my idea of inventing something new is feasible enough to help the young and old and our general economy at large. I also wish my invention idea will not be saturated in the society.

My thought and idea for this invention is to help mostly the elderly not to promote their bending as a result of ageing so that they can read upright and also to avoid weakening, straining and damaging of their backbone. The invention can help them stay straight and upright at old age.