IF I COULD INVENT SOMETHING NEW

If I could invent something new, I will invent disease detecting smart individuals to observe their health and detect potential ailments in real time.

Incorporating technology in health is very useful in this era The smart wristwatch will be equipped with advanced sensors and AI technology, allowing it to track many health metrics such as blood pressure, body temperature e.t.c. The wristwatch is going to be waterproof and made from titanium. The device will be able to monitor the sun exposure on the body monitor spine alignment, in the body, counting footsteps, calories burned and a lot more.

The wristwatch would be able to detect a wide range of diseases like COVID-19, malaria, fiver just to mention a few. The purpose of inventing the smart wristwatch is not to replace medical practitioner but to assist and aid them. The device would also track expose to environmental toxins providing personalized alerts for minimizing risk.

The device would sync with a user smartphone, allowing them to access detailed health information and receive notifications when abnormal readings are detected. The disease detector will be very useful in ensuring good health and wellbeing as it also help in achieving the third goal of the United Nations sustainable development goals.

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