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**IF I COULD INVENT SOMETHING NEW**

Have you ever wondered what it could be like to fix your regrets or mistakes? What if the things you felt guilt for were no longer permanent. Your guilty consciousness is something you carry with you for the rest of your life but what if there was a way to change the past mistakes or mishap that you have made? With my scientific innovation you no longer have to worry about facing guilt.

Regret despite how little it may seem has a great impact on people's mind. It is the mind-set of wishing you have done something else or feeling you should not have done anything at all. It may seem like a small matter but regret is known to claw at the mind of an individual for years and if a person does not get help to get rid of past regret, it may cause depression and can even lead to death (suicide).

People may think that the past is in the past but if you don’t make amends with the past, you can never thoroughly forget about it. That is why this advanced technological device is needed to help people make amends with the past. Hence, if I would invent something new, it will be a time machine.

The time machine would be an oval like machine able to fix one person it would be painted a lovely white with a tinted black transparent door. The time machine would have a keyboard key set imputed on the side for you to enter your required date and if you can’t remember the date just write what happened that day and it will automatically take you to the day. The door must be shut properly for the time machine to be able to be entered as the time machine would be travelling through the very fabric of reality and despite the outer and inner shell being strong enough to handle the pressure of the fabric of reality the same cannot be said about the human body.

The time machine will help fix regrets of your past, it would help lift the weight of guilt off your shoulders, you can change future outcomes for the better, having the ability to give advice to your past self and the consequences of their action, being able to avoid dire situation or the consequences and being able to gain opportunity you missed by telling your past self how to gain it. The time machine would help change the mental health of youths and adults alike. There would be less suicide report, people would be less likely to fall into depression, people could live happy lives, be energetic and filled with joy.

If this invention is able to come into existence, what guilt or past mistake would you like to correct?