**IF I COULD INVENT SOMETHING**

A recent report highlights that 33.95% of the humanity die due to self-medication. When most people observe that they are not physically fit, they assume that they are suffering from a particular illness due the similarity in the symptoms of different ailments, without running a proper test, thereby engaging in self-medication. More often than not, these self-prescribed drugs aggravate the illness and sometimes lead to death. Hence, has led to my desire to invent a smart contact lens for health monitoring.

Material needed to create these lenses are: silicone, hydrogels, electro chemical sensors, optical sensors, pressure sensors, communication chips, adhesives, sealants, to mention but a few. One major limiting factor to making this dream a reality is fund.

My Smart Contact Lens as I have called it is a device that would help to check a person’s glucose level, blood pressure or other vital signs, providing real time insight for health management. These contact lenses would really help to eradicate self-medication and its attendant death as a result of carelessness.

These lenses would also be helpful in distinguishing common symptoms for various illnesses. This would make it even easier to establish a particular cure for different illnesses with similar symptoms.

If I eventually I invent these contact lenses, self-medication would be eliminated in human history and many lives would be saved.

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