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IF I COULD INVENT SOMETHING NEW

As sunrise is inevitable to the day, so is invention to the world. Dating far back to the era of the invention of the wheel, the world has witnessed many inventions including the supercomputer to as small as the mobile phone, down to the recent, ‘AI’, otherwise known as ‘artificial intelligence’. As the world keep changing, the invention of an AI chatbot with an algorithm programmed to give nutritional suggestions and improvement to a user’s current diet is inevitable.

This is because the spike in the rate of poor and unpleasant diet among humans cannot be overemphasised. In 2020, Lancet, a medical research journal in the UK discovered that poor diet is the leading cause of preventable death worldwide. Hence, the need for the invention, ‘The Nutrition AI’ where humans can individually get accurate information on good food to consume and have better diets is very paramount.

The algorithm of ‘The Nutrition AI’ will be designed to be very sophisticated. It will accommodate varieties of human taste, economic background, as well as the availability of items for diet, etc. It will be accessible and user-friendly as it would be installed on smartphones. The Nutrition AI will collate user’s data such as age, preferences, allergies, illnesses etc., and recommend meals based on the collected data of the individual data.

The Nutrition AI is easy to create as even just a handful of programmers can bring this to reality. The AI is going to be programmed with an algorithm that is the same with other chatbots but the only difference is that it is going to supply nutritional advice and suggestions to get this the programmers need the AI to get its information from a source that is deeply rooted in nutrition, for instance a nutritionist who will teach the chatbot primary, secondary and even tertiary information on nutrition. After the information has been gotten the chatbot would have to be tested if it gives correct answers at this part in the process it just a prototype, if the it functions properly it goes to the next stage if it doesn’t it goes for fixing and re-orientation. After being tested it is approved for public use, after its samples are tested, it is fitted into either a website or a mobile phone app.

I hope in the near future The Nutrition AI will become an item of common use and I hope it can change the people’s diets for the better. In conclusion, I hope my invention would be able to stand toe to toe with some of the world’s greatest inventions.