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THEME: **If I could invent something new**

An Emotion Transformer

“Necessity is the mother of invention!” These words were said by the ancient Greek philosopher Plato. The meaning of this saying is not technical, rather, it simply implies that when the need for something becomes essential, you are forced to find ways of getting or achieving it. Technology has indeed become an important part of life. So many jobs are done swiftly and easily with the use of technological products such as the internet, cars, phones, refrigerators, dishwashers, to mention a few. Although this has made great impact over the years, I still believe strongly that the world can become an even better place with more inventions. How about I share mine?

If I were to invent something new, I would develop an emotion transformer. This will be a wearable device that will detect when the user is experiencing negative emotions such as: fear, anger, or even sadness. Once these emotions have been detected, the device would then use its brain-computer interface to transform the negative emotions to positive ones like joy, calmness, gratitude etc. You might be wondering “What impact would such a device have on the world?” or “Why did I choose to invent such a device?”

Well, this device will have a profound impact on the mental health of people. It will also help to foster deeper connection and empathy among people. By directly experiencing others’ emotions, we will gain a deeper understanding of their struggles and also their perspectives. This will lead to more harmonious relationships, and a more compassionate society. Furthermore, the emotion transformer will have greater benefits in mental health treatments and supports. For instance, it will aid the proper management of conditions such as anxiety and depression thereby helping affected individuals to cope with these negative, overwhelming emotions and have their peace of mind.

In what areas, though, will the emotion transformer be useful?

To begin with, the emotion transformer will be of good use in the educational sector. How? It can help students to stay focused at school which will be a big boost to their grades and academic achievements. In business, employers and employees will be able to cope with stress and collaborate more with their team just with the use of the emotional transformer. This device will also be of good use to athletes in the sports industry. It will enhance athletes’ performance and whenever they lose a match or race. Isn’t it wonderful how all these can be done with the use of just one device?

No doubt, the emotion transformer would change this chaotic world full of negativity to a world full of positivity, compassion and happiness where everyone will be able to live their lives to the fullest.

Indeed, it's not too late to build a better world!