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**Class: Year 7**

**Topic: “If I could invent something new”**

Invention refers to the act of inventing/ making a device or a process through creative thinking. To invent something, one needs a good imagination and a pile junk. We cannot solve a problem by using the same kind of thinking used in creating the problem. “This is why an invention is made to solve a problem.

Internet addiction, one of the many addictions, is gradually creeping into our society, a problem faced by both the old and the young. One can easily spend hours on the internet space, shuffling from one social media handle to another. Social media addiction like other addictions is often denied by the addicts. So many young people have become internet addicts without knowing. Research have proved that same hormone responsible for other forms of addiction such as drug addiction and so on, is responsible for internet addiction.

‘Freeze application’ is a mobile application which I aim at inventing which will automatically logs you off all social media platform, when you have spent more than 3-4 hours usage. What the user is required to do is to download the application on their mobile device which will automatically freeze, like the name implies all their social media handles, within limited time and will be restored after 2 hours of break with freeze application, internet addiction will reduce laziness and make youths more productive. When the social media handles are frozen, the user will engage in more meaningful tasks.

Freeze can be used across borders among the internet users both young and both. Freeze will become of beneficial to me as the user, if I download the app I earn money. Correcting the internet addiction has proved difficult but with freeze application which will automatically log you out, it becomes easier for the internet to checkmate their screen time addiction. The internet space has been of great benefit to the modern society but when left unrestricted, free for all the users, it becomes a menace to the society.

It seems impossible until it is done. With freeze application, internet users can be more deliberate in their usage, reducing the rate of addiction making productive youths. As the saying goes ‘The impossibility is nothing’, I will work at making this application a reality.