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JSS1 wisdom

If I Could Invent Something New

If I had the opportunity to invent a new device it would be a machine that regulates / controls emotions (e.g. anger, sadness etc.). I would give it the name "Self-Regulator". Its service will be in countries where depressions are on large scales (i.e. countries like Nigeria where almost all of the population are falling into depression).

The self- regulator will be a portable hand device, cylindrical in shape and soft to touch. It will be operated like a pressure ball. It will contain advanced neurological technology with the ability to scan the brain to detect the area causing the emotion in order to reduce it to a controllable state.

This is in great need in the modern day world, as depression is now become a worldwide problem. This device, as I said earlier will control sadness too, meaning that it's the end to spontaneous crying. This also helps with addiction as it handles the urge to do a particular thing or act (e.g. drugs, phones, eating etc.).

This is the "Self – Regulator" not eradicator, it is designed to control emotions (bring it to a level where it can be suppressed) and not completely eliminate them. Robert J. John, a great therapist once said that "emotions are the ways the body expresses itself, it helps to depict what a person likes and doesn't". So as the therapist has said these emotions are part of the things that make us different and unique from others.

Ostensibly, in a class of 24 and there will be at least 2 teachers in the class, therefore there will be a lot of stress on the teachers to control them and also deal with the normal problems of adulthood (e.g. finances, source of income, child care, ways to thrive, etc.). These teacher(s) will be prone to outbursts or temper problems. This device could help in reducing these emotions.

In a world, where emotions can be controlled there will be several advantages;

- There will be closer relationships: Most relationships are severed due to the un- predictable nature of their emotions.
- Addiction: Like I said earlier it controls the urge to do a particular thing.

- Depression: It stops the brain from stimulating thoughts that will eventually lead to suicide.

There are multiple ways this device can influence the nation and the world at large. The technology that will enable this device to operate is futuristic and may seem too far in the future to ever be made. But as I have stated all through this essay the advantages of this device may be the solution to most of the world's problems /dilemmas. So if I could invent anything, the self-regulator will be considered as a useful device and it will be a dream come true for me.