

IF I COULD INVENT SOMETHING NEW

My name is Owolabi Premise, a scholar from Quest college, Ibadan. I am in JSS3.

If I could invent something new, I would invent a drug that can cure high blood pressure completely without any side effects. To start with, what is high blood pressure? High blood pressure refers to the pressure in your blood vessels, which is measured in millimeters of mercury. Blood pressure refers to the forces of blood pushing against the walls of your arteries as your blood pumps through your body. High blood pressure, also known as hypertension, is a condition where the force of blood that flows through your vessels is consistently too high.

It has been my dream for a long time to produce a drug that can completely eradicate high blood pressure. As a young girl, I have noticed that many of my family members have high blood pressure; two of my family members already died due to this disease. The World Health Organization(WHO) reports that hypertension may lead to premature death worldwide, with over a billion people having the condition. WHO also reports that 76 million deaths could be averted between 2023 and 2025 if countries increase their coverage of hypertension treatment. In addition, the WHO equally stated that in every hour, more than 1,000 people die from stroke and heart attack, with most of these deaths caused by high blood pressure.

While blood pressure medications are often necessary to control hypertension, all medications have some potential side effects. However, some medications may have fewer side effects than others. Unfortunately, there is no drug that can cure high blood pressure permanently without any potential side effects. This HBP leads to heart disease, stroke, kidney diseases, vision loss and so on.

If the cases of high blood pressure increase, then half of the world may die, and that is why I want to create a drug that can completely eradicate hypertension. If you go to the hospitals, some doctors will advise you not to use the drugs because they will always have one effect or the other, and as soon as you stop using the drugs, your blood pressure rises again. I have seen a case of someone who stopped using drugs and within 2 days the blood pressure rose. It will be a thing of joy for me to create a drug that can prevent HBP, to reduce the death of people in the world.