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If I had the opportunity to invent something new I would love to invent wristwatches that will detect disease.

In today fast paced world technological advancement have revolutionized the way we live, work and stay connected. One such innovation that has seamlessly intergrated into our daily lives is the smart watch. These nifty gadgets are not merely timekeepers but versatile companion that offers a plethora features designed to enhance health and overall wellbeing.

In this comprehensive article, i will delve deep into the importance of smart watches in real live, exploring their multifaceted utility benefit and their transformative impact they have had on our daily routine.

Traditionally, wrist watches were primarily used to tell time. However the advent of smart watches marked a paradigm shift in the arena. They have redefined the very essence of timekeeping by offering an array of features that cater to our modern lifestyle.

Smart watches are more than just an extension of your smart phone ; They serve as a personal assistant that keep you organized and informed throughout the day with integrated calendars, reminders and notification, you can stay on top your schedule effortlessly.

They come equipped with sensors that monitor vital health metrics such as heart rate, sleep pattern, and physical activity by providing real time insights, they empower individual to take proactive steps towards a healthier lifestyle.

my smart watch invention will be effective in diagnosing the signs and symptoms of various disease in particular, smart watches are shown promise in detecting heart diseases, movement disorders, and even early signs. Smart watch allows you to stay connected and be informed without constantly interrupting your life while on the go.

How will it work? I will make sure it comes as outfitted with variety of sensors designed to optimally evaluate your health and deliver precise results. These include accelerometers, gyroscopes, heart rate monitors, and GPS, all of which will contribute valuable data.

Smart watches are capable of collecting a lot of data revolving around someone's health such as activity levels, heart rate, sleep patterns, and more to help the consumer with managing their health.

It will also monitor sleep patterns, heart rate; calories burned and blood oxygen levels. Wearable technology is advancing quickly with great promise for improving health. What does the future hold?

I want to invent a watch that can be used as artificial intelligence to help detect left-ventricular dysfunction, a type of heart failure. Also on the horizon are smart watch features to detect blood sugar and blood pressure levels. but my own invention is for the smart watch to be able to detect any sickness on the body

I want to create technology that could even detect changes that are early warning signs of diseases such as cancer, for the time being there remains a wide gap between having certain health data from your smart watch and knowing what to do with it.

I will be glad if am giving the chance to so. Thank you